# CULINARY ARTS ASSOCIATE OF APPLIED SCIENCE DEGREE

#### **GUIDED PATHWAY: Culinary Arts (Certificate I, AAS)**

For more information, visit www.laredo.edu/ and your academic advisor.

The Culinary Arts Program offers the Culinary Arts, **Associate of Applied Science Degree (D)** and **Culinary Arts Certificate I (C1)** that will prepare students for careers in the hospitality industry. It is designed to prepare students to enter occupations and to perform the duties that include direct preparation and seasoning of salads, soups, fish, meats, vegetables, desserts, or other foods. The student will plan and price menu items, order supplies, and keep records and accounts. The student will also participate in cooking. Graduates from the program will be responsible for activities which consist of collaboration with specified personnel who plans and develops recipes and menus, determines production schedules and worker-time requirements to ensure timely delivery of services. The student will also estimate amount and costs, request supplies and equipment to ensure efficient operation, and will

evaluate and solve procedural problems to ensure safety. Students must maintain a "C" or better in all Culinary Arts courses in order to get credit for the course and proceed to the next course as stated in the Certificate I and AAS degree plans. Courses that complete the Degree (D) and courses that complete the Certificate I (C1) are noted below.

This is an example course sequence for students interested in pursuing Culinary Arts. It does not represent a contract, nor does it guarantee course availability. Following this pathway will help you earn an Associate of Applied Science (AAS) degree in Culinary Arts.

Visit Career Pathways to view guided pathways created for students who complete an AAS degree and the options for transfer. Speak with an academic advisor at your college to choose courses that will help you to transfer to a specific university

LAREDO COLLEGE

COLLEGE READINESS REQUIREMENTS (only for the AAS)					
Enrolling in one or more courses may be necessary if assessment activities and previous academic experiences indicate a need for additional knowledge and skills:					
READING & WRITING PLACEMENT	MATH PLACEMENT	ENGLISH LANGUAGE PROFICIENCY			
TSI MET: YES NO IF NO, ADVISOR INSERT COURSE(S) NEEDED	TSI MET: YES NO IF NO, ADVISOR INSERT COURSE(S) NEEDED	TSI MET: YES NO IF NO, ADVISOR INSERT COURSE(S) NEEDED			
□ INRW	□ DEV MATH	□ ESOLOTHER:			
□ OTHER:	OTHER:				
Exemptions/waivers may exist. Speak with an academic advisor regarding placement in college readiness courses and your ability to enroll in core academic coursework.					
SEMESTER BY SEMESTER MAP FOR FULL-TIME STUDENTS <sup>2</sup>					
D C1 S	SEMESTER 1				

□ OTHER:		OTHER:	U OTHER:			
Exem	ptions/w	aivers may exist. Speak with an academic advisor regarding placement in college readiness cou	urses and your ability to enroll in core academic coursework.			
SEMESTER BY SEMESTER MAP FOR FULL-TIME STUDENTS <sup>2</sup>						
D	C1	SEMESTER 1	ACTION ITEMS			
•	•	HAMG 1321 – Introduction to Hospitality Industry	☐ Meet with Culinary Arts advisor to confirm			
<b>♦</b>	•	FDNS 1301– Introduction to Foods	academic and career goals before taking courses and again at the end of the semester.			
<u> </u>	<b>*</b>	CHEF 1205 – Sanitation and Safety	and again at the end of the semester.			
•	•	CHEF 1301 – Basic Food Preparation				
<b>♦</b>	•	PSTR 1401 – Fundamentals of Baking				
TOTAL SEMESTER CREDIT HOURS: 15						
D	C1	SEMESTER 2	ACTION ITEMS			
<b>♦</b>	•	CHEF 1400 – Professional Cooking and Meal Service	☐ Meet with Culinary Arts advisor to confirm			
<b>♦</b>	•	IFWA 1318 – Nutrition for Food Service Professional	academic and career goals before taking courses and again at the end of the semester.			
<b>*</b>	•	CHEF 1410 – Grade Manger	☐ Meet with Culinary Arts advisor to apply			
_	•	CHEF 2280 – Culinary Arts Cooperative Education	for Culinary Arts Certificate I completion.			
TOTAL SEMESTER CREDIT HOURS: 13						
D		SEMESTER 3	ACTION ITEMS			
_		SUMMER  ENGL 1301 – Composition I CORE (C)				
<u>*</u>						
•		COSC 1301 – Introduction to Computing CORE (C)  TOTAL SEMESTER CREDIT H	IOUDS: 6			
D		SEMESTER 4	ACTION ITEMS			
•		MATH X3XX – Mathematics Elective CORE (C)	☐ Meet with Culinary Arts advisor to confirm			
<u> </u>		XXXX X3XX – Social/ Behavioral Science Elective CORE (C)	academic and career goals before taking courses			
•		RSTO 2301 – Principals of Food and Beverage	and again at the end of the semester.			
•		CHEF 1214 – A La Carte Cooking				
•		RSTO 1313 – Hospitality Supervision				
TOTAL SEMESTER CREDIT HOURS: 14						
D		SEMESTER 5	ACTION ITEMS			
<b>♦</b>		XXXX X3XX – Language, Philosophy, and Culture CORE (C)	☐ Meet with Culinary Arts advisor to apply			
•		RSTO 2405 – Management of Food Production and Service	for Culinary Arts AAS completion.			
<b>♦</b>		CHEF 1345 – International Cuisine				
•		CHEF 2264 – Practicum- Culinary Arts/ Chef Training <sup>3</sup>				
	TOTAL SEMESTER CREDIT HOURS: 12					

1. Degree plans may change in later catalogs. Be sure to consult with your advisor if you are continuing on an older degree plan.

AAS DEGREE MINIMUM: 60 SEMESTER CREDIT HOURS/PATHWAY TOTAL: 60 SEMESTER CREDIT HOURS

- 2. Students must earn at least 25% of the credit hours (15 hours) required for graduation through instruction by Laredo College awarding the degree.
- 3. Capstone Experience
  - C This course counts for the Core Curriculum at any public college or university in Texas.

# Certification and Licensure Information

The CHEF 1205 course requires students to take the ServSafe Certification online exam in order to achieve the ServSafe Manager Certification. Test is taken during Fall semester while enrolled in CHEF 1205.

### Career Information

#### **Common Job Titles**

Chef & Head Cook Baker Contract Food Service Institutional Food Service Worker

Personal Chef Restaurant Owner Cruise Ship Staff Waiter or Waitress
Executive Chef Caterer Restaurant Manager Food Preparation Worker

Sous Chef Food Service Manager Kitchen Supervisor Bed & Breakfast
Banquet Chef Catering Director Dietary Supervisor Line Cook
Corporate Executive Chef Pastry Cook Kitchen Assistant Cafeteria Manager

**Regional Labor Market Information** 

Line Cook: New workers generally start days within hiring. Normal pay for Line Cooks is averaged \$17 per hour or an average of \$35,760 per year.

Source: https://www.bls.gov/ooh/food-preparation-and-serving/cooks.htm

Food Service Manager: New workers generally start around days within hiring. Normal pay for Food Service Managers is averaged \$31 per hour or \$65,310 per year.

Source: https://www.bls.gov/ooh/management/food-service-managers.htm

Chef/Head Cook: New workers generally start around days within hiring. Normal pay for Head Cooks is averaged \$29 per hour or

\$60,990 per year.

Source: https://www.bls.gov/ooh/food-preparation-and-serving/chefs-and-head-cooks.htm

Career and labor market research tools

Bureau of Labor Statistics: http://www.bls.gov/ooh/, O\*NET: https://www.onetonline.org/

Career Resources: Click here for more information transfer resources. Students are encouraged to consult with their area of study advisor for additional career assistance. The above information is provided as a guide and reference tool for occupations related to this program. This is not a guarantee of job placement in any of these occupations after successful completion of an LC program. The common job titles listed are representative titles and are provided for career research. These are not the only occupations possible in this area of study.

# **Transfer Information**

The Associate of Applied Science in Culinary Arts prepares students to directly enter the workforce; however, a Bachelor of Applied Arts and Sciences (BAAS) is an excellent alternative to the Bachelor's degree. The Bachelor of Applied Arts and Sciences degree applies non-transferable courses and work experience towards the Bachelor's degree. You still must meet general education requirements and take upper level courses.

**Transfer Guides:** The universities listed here do not constitute a Laredo College endorsement. Transfer course evaluations and determination of which courses will count toward a Bachelor's degree are made by the receiving transfer institution.

Texas A&M International University: http://www.tamiu.edu

South Texas College: http://www.SouthTexas.edu

**Additional Transfer Resources:** Laredo College <u>transfer planning guide website</u> provides information on additional colleges & universities. Students are encouraged to consult with a faculty advisor, area of study advisor, and/or their chosen transfer institution to ensure courses taken at LC will apply toward their bachelor's degree program.